



food system change  
online congress

# Forest Gardens



In forest gardens diverse plants are combined in a self-regulating acreage design for food production, sometimes including animal husbandry. Garden sizes vary and larger forest gardens can form "edible ecosystems" which fulfill other sustainable functions (workplace, climate protection, etc.).

- profitable for small businesses
- suitable for both urban and rural sites
- high self-supply potential for households
- highly self-regulating food production benefits biodiversity and the ecosystem
- positive effects in education, recreation, aesthetics and community-building

sustainability  
potential

